

Lent 2010

Pathways of Prayer

Lent is a 40 day invitation to focus on our relationship with God. There are many ways to focus but on our 40 day journey at West Heights we will be focusing on prayer. There are many types and many ways to pray, and each week in Sunday worship we will explore and experience prayer. Julian of Norwich once wrote, "prayer unites the soul to God." It is our hope and prayer that during these days of lent our souls will be united in a deeper way to God. Come join us as we seek to experience anew the presence and power of God in our lives.

First Sunday of Lent

Sunday, February 21
Sacrament of Holy Communion

Palm/Passion Sunday/ Procession with Palms

Sunday, March 28

Maundy Thursday

Thursday, April 1
at 6:30 p.m., Family Life Center
Light supper including Sacrament of
Holy Communion

Good Friday Tenebrae Service/ Service of Darkness

Friday, April 2
at 7:30 p.m., Sanctuary

Easter Sunday

Sunday, April 4
8 a.m. Pancake Breakfast

Book Studies

Praying in the Midst of Life Wednesdays at 6:15 p.m.

Video series by Ron DelBene with discussion. Facilitated by the Pastors. Wednesdays at 6:15 p.m. in the Chapel. There is no cost for this group, come as you are and invite others.

Daily Walk

Lenten Covenant Group, Sunday at 11:45 a.m.

Participants commit to a daily practice of centering prayer and devotion throughout Lent based on *Forty Days To A Closer Walk With God: The Practice of Centering Prayer* and will gather from about 11:45 a.m. to 1:15 p.m. each Sunday of Lent for a light meal, time of sharing and celebration, and participation in the ancient practice of Lectio Divina together. The cost is \$12 and each person will be asked to bring items for the meal on Sundays when there is not a larger church meal to share. We'll meet February 21, 28, March 7, 14, 21, and 28. Call the church office to reserve your spot in this group!

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Family Activities

Family Game Night

Celebrate Lent with your church family with a Family Game night on Friday, March 12, 6:30-8:30 p.m. Bring a snack to share and we'll provide the games and drinks.

Mission Morning

During Lent, we are called to prayerfully consider what it means to be a Christian and a United Methodist. Part of our vows include supporting the church with your prayers, presence, gifts, service and witness. Join us Saturday, March 13, as we serve our community and give back. Mission morning is a wonderful opportunity to fellowship with your church family and help the children of West Heights understand the importance of service.

We'll meet at 9:00 a.m. in the Family Life Center to form work teams and return at noon. Please contact Jackie Jewett with questions or to volunteer.

Palm Sunday Easter Egg Hunt

Join us Sunday, March 28 after the Preschool Potato Bar for a children's Easter Egg Hunt. Our 4th and 5th graders will hide the eggs for our 3rd grade and under to find. Bring a basket and prepare to have fun.

