



# Logos Update

West Heights website: [www.westheightsumc.org](http://www.westheightsumc.org)

Vol. 33, No. 7-8

For weeks of Feb 19-March 3

## Lifting Up Our Church Family in Prayer . .

### Prayers for Health and Healing:

- Shirley Hale
- Doug Harding (Robin Eshelman's father)
- Joyce McCarty (mother of Dan McCarty and Deb Wiens)

### Continuing Concerns:

- Norma Hughes (friend of Connie Henderson)
- Barbara Pipher (Patty Gnefkow's mother)
- Pauline England (Deb Krehbiel's mother)
- Donna Volz (Head of the UMOD Food Program)
- Maxine Webb
- Warren Hembree
- Ira Kissling
- Barbara Courtney
- Karoline Merchant
- Charlotte Paulson
- Carrol Yates
- Walt and Bonnie Lohrentz
- George McKee
- Alicia Worsham (Nancy Bettis' daughter)
- Virginia Frankenbery (Jean Stahl's mother)
- Helen Frazier (Barb Miller's mother)
- Alberto Cabral (Marcia Hepner's father)
- Bill Mohan (brother-in-law of Beckhams)
- Phyllis Williams
- Hannah Price (friend of Bob & Karen Minter)
- Melody Dirks-Unruh (Connie Henderson's daughter-in-law)

### Prayers of Sympathy:

- For John & Sharon Martin & family in the death of John's mother, Ellen Martin
- For the family & friends of DeLorraine Hembree
- For Cheryl Smith & family in the death of her mother, Norma McCanon
- For Kevin & Christy Brown & family in the death of his father, Don Brown

### Our Military Deployed:

- Randi Hamm *Germany*
- Colby Barker *Japan*
- Kyle Kegley
- Shaina Hayden *Italy/Africa*
- Major John Holcombe *Afghanistan*

If you would like to add someone to our military deployed list, please contact the church office at 722-3805 or email at [officeasst@westheightsumc.org](mailto:officeasst@westheightsumc.org).

If you have an emergency and need to reach a pastor after open church hours, please call:  
**Pastor Cindy at 217-2522 or Pastor Christopher at 516-4190.**

## Our Purpose:

**Changing lives by connecting hearts to Jesus Christ.**

### Watoto Children's Choir Concert

The Watoto Children's Choir from Uganda East Africa will be gracing our church once again with a concert on Tuesday, February 28 at 7pm. I hope you will come and enjoy their lively music, beautiful smiles, and message of hope for the one million-plus Ugandan orphans resulting from war and AIDS. Bring your friends and neighbors to experience Watoto - all are welcome. To make this event happen, we need 9 families to host 1 adult and 2-3 children for one night Tuesday February 28. Your role is simple: provide sleeping arrangements, breakfast, and a sack lunch for the next day. This is a real opportunity to experience their joy, share their lives, and discover their dreams and aspirations!

If you are interested, please call **Dave or Terry Glover at 722-6273**. For more information about the choir and the Watoto Child Care Ministry, visit the following Website:

<http://www.watoto.com/the-choir>.

### SHEPHERD'S CENTER OF WEST WICHITA PRESENTS ADVENTURES IN LEARNING

Registration forms are now available for the Spring Session beginning March 8 and continuing for six Thursdays through April 14. Some of the new class offerings this time will include: "Behind the Scenes", "Uniquely Wichita", and "Dealing with Conflict", "Here's to Your Health", and "How Does Your Garden Grow?" Afternoons offer the chance to be more creative. "Watercolor Painting", "Wood Carving", "Making Greeting Cards", "Digital Photography", and "Bridge for Fun" are the offerings to choose from. An off-site Computer Class is available at the Westlink Branch Library.

The cost for the entire 6 week session is only \$40.00. Noon lunches are available for \$8 per week. For more information or registration materials contact the Shepherd's Center of West Wichita office at 721-2208 or email: [scwestwichita@sbcglobal.net](mailto:scwestwichita@sbcglobal.net).

The Shepherd's Center of West Wichita is sponsored by eight churches along with the Wichita Public Library. It is dedicated to empowering retirement-age adults to use their wisdom and skills for the betterment of their communities through life-long learning and cultural enrichment opportunities.

*From the  
Pastor*

The Season of Lent begins with Ash Wednesday and goes for forty days (not counting Sundays.) This year it begins on Wednesday, February 22. Traditionally it is a somber and sad season. It begins with Jesus in the wilderness fasting for forty days and forty nights and being tempted. The season ends with his death and burial. Christians throughout the ages have chosen to focus on participating in spiritual disciplines to bring them closer to God. Those have included prayer, fasting, giving up certain activities or particular food or drink items. All these practices are done not to pretend to be holy, but to focus time and energy on one's relationship with Christ.

Most Protestants have not been as intentional in their Lenten activities as their brothers and sisters in the Orthodox and Catholic traditions. However, choosing to participate can lead to greater love and greater devotion. This Lent, our theme will be "A Place at the Table." After his wilderness experience, Jesus was often found at tables with a variety of persons, religious folks, non-religious folks and people with questionable reputations. At the table, Jesus challenged, taught, loved and reached out for all to experience God's love and grace.

You are invited to find "A Place at the Table" this Lent as we journey with Jesus through these forty days.

Graced to serve,  
Pastor Cindy

### **On the Christian Journey...with Pastor Christopher**

"Be still and know that I Am God." (Psalm 46:10) The author of that Psalm had a deep encounter with the creator. In the last Logos, I told of my encounter with powers of 10. That article came to me during a period of stillness recently, almost effortlessly taking care of an overdue task on my to-do list! You see, the other day I reclaimed a practice, a practice of balance and renewal, of prayer, centering and deep rest, a practice of Sabbath. A student at WSU and I have committed to sharing a time of contemplative prayer several times a week. What we do is visit briefly, perhaps share a few verses of Scripture, a common prayer or creed, and then we sit.

We sit in silence, perhaps focused on a word or phrase or our breathing, but mainly stilling ourselves and listening. We started with 20 minutes. Sounds long, so far has been amazingly short! In our society, simply sitting still is something of a lost art. Listening is something of a lost art. I am not terribly good at it; I tend to gravitate towards active forms of prayer like labyrinths and spoken word. And yet there is some great wisdom in silence. As much as I value silence and stillness, I'm not wired for it. I find it nearly impossible to do alone, but sharing the practice with another, in a dedicated space, it has become almost easy and quite refreshing.

Selah!

### **Not too late! Join our Short Term Lenten Study of the Gospel of John**

Our first formal class session will begin at 6pm on Tuesday, Feb. 21st. We meet in the Chapel and plan to dismiss each week by 7:50pm. We will focus our first discussion on John 1 and 2, but to prepare, first skim the entire Gospel of John. Read quickly, looking for the overview, not details. How is the story told, how do the familiar scenes fit together, how does it "feel?" Then go back and read Chapters 1 and 2 in more detail, perhaps over several sittings. Notice detail, jot down questions, what puzzles or impresses you? What is familiar or unfamiliar?

You might also briefly look at Matthew 1:1-2:23, Mark 1: 1-3 and Luke 1:1-2:52 to compare and contrast how those authors chose to introduce Jesus. Our Lenten study of John will last until just after Easter, so we'll read the resurrection stories John tells in the season. The study costs \$15 and scholarships are available. Pick up a study book Sunday and then join us Tuesday! Come and see!

### **Parish Nurse News**

A New **Alzheimer's Caregivers Support Group** led by Jodi Cline and Jane Richards will start March 12 and will meet at 7pm on the 2nd Monday of every month in the Adult Library.

West Heights will be hosting the **Red Cross Blood Drive** Monday, March 12, from 1:30-5:30pm in the Family Life Center. We will need donors and volunteers for this event. Please call Janet Shetter at 721-0833 or email her at [tjshetter@cox.net](mailto:tjshetter@cox.net) if available to help with this event.



**Save the Date!**  
**Vacation Bible School**  
**July 15-July 19, 2012**  
**6:30pm—8:30pm**  
**Registration begins**  
**Sunday, March 12th!**

## Upcoming Children's Ministry Events

March 31 Easter Extravaganza 1-4 pm  
June 12-14 Lego Camp & Princess Camp

### Worship Caravan Parents Meeting

**Date of Event: Sunday, February 19, When: 7:15-8pm**

This is the start of a busy week of Worship Caravan activities. All youth parents are invited to attend the Caravan 2012 parents meeting. We'll be going over all the pre-Caravan information you'll need for your youth's involvement, finances and preparation for this year's Caravan.

### Worship Caravan Ash Wednesday Pancake Supper

**Date of Event: Wed., February 22, Youth Timing: Right after school until 7:00pm**

YES! These are the pancakes you love, yea, they're pretty much **HOMEMADE...FRESH** and served with a smile. Youth Ministries is providing a meal to make spatula flippers everywhere proud! Join us for our annual, nearly world-famous pancake dinner Wednesday, February 22 beginning at 5:15pm in the Family Life Center, adults \$5.00, under 12 \$3.00. This West Heights tradition is a popular food and fellowship event to help get our Worship Caravan crew going. *This is a really good one with fruit, bacon, sausage, eggs and tons of toppings for those delicious pancakes!*

### Worship Caravan Lock-in

**Date of Event: Wednesday, February 24, When: 9pm-until 7am, Cost: \$10**

There will be a Worship Caravan planning lock-in February 24-25 from 9pm until 7am. All Caravan sponsors will attend just so you'll get to know them all night long! We will be going over skit choices, music choices, shirt colors/design and general Caravan creativeness. This year's theme is, "Living on a Prayer" The general direction for this worship focuses on how prayer plays a big role in our lives and how easy it is to overlook and misunderstand the power of prayer. All youth 6<sup>th</sup> grade – seniors are welcome. Bring a friend if they want to **WORK** on Caravan. This lock-in will not be like our other "friend-friendly" activities.

### Congratulations!

Congratulations to Stacia Kaylor and David Breth on their marriage February 4, 2012 at the Wichita Scottish Rite Center. Stacia is the daughter of Tom and Lesli Kaylor and granddaughter of Duane and Glenna Draving. Rev. Sam Muyskens officiated.

### Communion Servers Needed

If you would be interested in helping to serve communion during the 10:30 worship service please contact the office at 722-3805 or email [officeasst@westheightsumc.org](mailto:officeasst@westheightsumc.org).

### West Heights Women Invited

West Heights United Methodist Women will host Church Women United on Friday, March 2, at 1:00pm in Fellowship Hall. The program is "Prayer for All Seasons." For more information, please contact Judy Raaf at 722-8756 of the Church Office at 722-3805.

### Budget Summary Available

The 2012 church budget summary is available in the church office for anyone who would like to have one. If you would like to have a detailed, line-item 2012 budget, please contact Chris Allen in the church office and she will be glad to print one off for you.

### United Methodist Open Door

You are invited to an Open House at Open Door at 402 East Second on February 27, 2102 from 3:00-5:00pm. No RSVP is needed, just come on in!

### West Heights Preschool Enrollment

The West Heights Preschool is currently enrolling for Summer and Fall 2012 for children 2 1/2 to 5 years old. Please contact Linda Gott in the Preschool office at 722-2781. There is also information about the preschool on the church website at [www.westheightsumc.org](http://www.westheightsumc.org).

RETURN SERVICE REQUESTED

Postmaster: Dated Material  
Please Deliver February 17  
(For March 4-March 17)

**Thursday, Feb 23, BY NOON!**  
**NEXT LOGOS ARTICLES DUE**

http://www.westheightsumc.org

Web Site:  
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West Heights

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Youth & Marketing Director: Kris Meckenstock  
Director of Children's Ministries: Jackie Jewett  
Director of Music Ministry: Eilan Mlyskens  
Nursery Coordinator: Joey Bamberger

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## Calendar of Coming Events

February 19-March 3

### Sunday, February 19

8:15 AM Worship w/Communion  
9:00 AM Common Grounds Coffee  
Shop Open  
9:15 AM Sunday School Classes  
9:35 AM Choir Rehearsal Express  
10:30 AM Worship w/Children's  
Time  
11:30 AM Patriotic Dinner  
4:30 PM Youth Choir  
5:30 PM UMYF  
7:15 PM Caravan Parents  
Meeting

### Monday, February 20

6:00 PM Boy Scouts  
6:00 PM Finance Committee  
7:00 PM Church Council  
7:00 PM Eshelman/Maley Scouts

### Tuesday, February 21

8:00 AM TOPS  
9:30 AM Staff Meeting  
10:45 AM Adult Plus  
5:30 PM Basketball-Fichter  
6:00 PM Gospel of John Study  
6:00 PM Wed. Night Dinner Prep  
7:00 PM Deborah Circle-Offsite  
7:00 PM Mary Martha Circle-  
Offsite

### Wednesday, February 22

12:30 PM Worship Planning  
4:00 PM Ash Wednesday Caravan  
Pancake Prep  
5:15 PM Wed. Night Dinner  
5:45 PM Handbell Choir  
6:15 PM The Rock Zone  
6:15 PM Worship Choir  
6:30 PM Ash Wednesday Service  
7:30 PM Liturgical Dance

### Thursday, February 23

5:30 PM Funball Games

6:00 PM Girl Scouts

### Friday, February 24

No Preschool

9:00 PM Caravan Planning

Lock-in

### Saturday, February 25

### Sunday, February 26

8:15 AM Worship w/Communion  
9:00 AM Common Grounds Coffee  
Shop Open  
9:15 AM Sunday School Classes  
9:35 AM Choir Rehearsal Exp.  
10:30 AM Worship w/Children's  
Time  
11:45 AM Pizza with the Pastors  
11:45 AM Youth Choir

### Monday, February 27

Watoto Dinner Prep  
6:00 PM Boy Scouts  
6:30 PM Men's Group  
7:00 PM Susannah Circle-Offsite

### Tuesday, February 28

8:00 AM TOPS  
9:30 AM Drop In Center Meal  
Prep

9:30 AM Staff Meeting

5:00 PM Watoto Dinner

5:30 PM Basketball-Fichter

6:00 PM Gospel of John/Lenten  
Study

6:00 PM Wed. Night Dinner Prep

7:00 PM Watoto Concert

### Wednesday, February 29

12:30 PM Worship Planning

5:15 PM Wed. Night Dinner

5:45 PM Handbell Choir

6:00 PM Youth Chat Room

6:15 PM The Rock

6:15 PM Worship Choir

7:30 PM Liturgical Dance

### Thursday, March 1

### Friday, March 2

1:00 PM Church Women United

### Saturday, March 3

3:00 PM Heritage Family Church

Banquet

*Don't forget to load Dillon's cards!  
Earn 5% for WHUMC!*

### Check the Website

Make sure to check the West  
Heights website at  
[www.westheightsumc.org](http://www.westheightsumc.org)  
for complete and up-to-date  
calendar information.

### Logos

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